

### **Explanation of Treatment**

The supraorbital nerve is located frontally, in the forehead region.

People with several headache conditions including various frontal and hemi-cranial headache types, cluster and migraine can benefit from supraorbital nerve block injections. These reduce inflammation of the supraorbital nerve and the pain impulses the nerve generates.

### **What to Expect with Treatment**

The injection typically used is an anesthetic, such as Lidocaine. Please tell your physician if you have had an adverse reaction to this in your past.

The skin of the forehead is cleaned with an antiseptic solution, and then the injection is carried out.

The onset of pain relief related to the anesthetic may be as early as minutes after the procedure. Injections may be repeated if needed.

### **Possible Complications and Instructions**

Please let your physician know if you are on a blood thinning medication, if you have any active infection or if your diabetes is poorly controlled. In these cases, the procedure may be postponed.

The risks are generally low. However, as with any injection procedure, risks may include infection, bleeding or pain at the injection site.

### **Questions**

The CORE Institute is dedicated to your outcome. If any questions or concerns arise, please call The CORE Institute at 1.866.974.2673.

